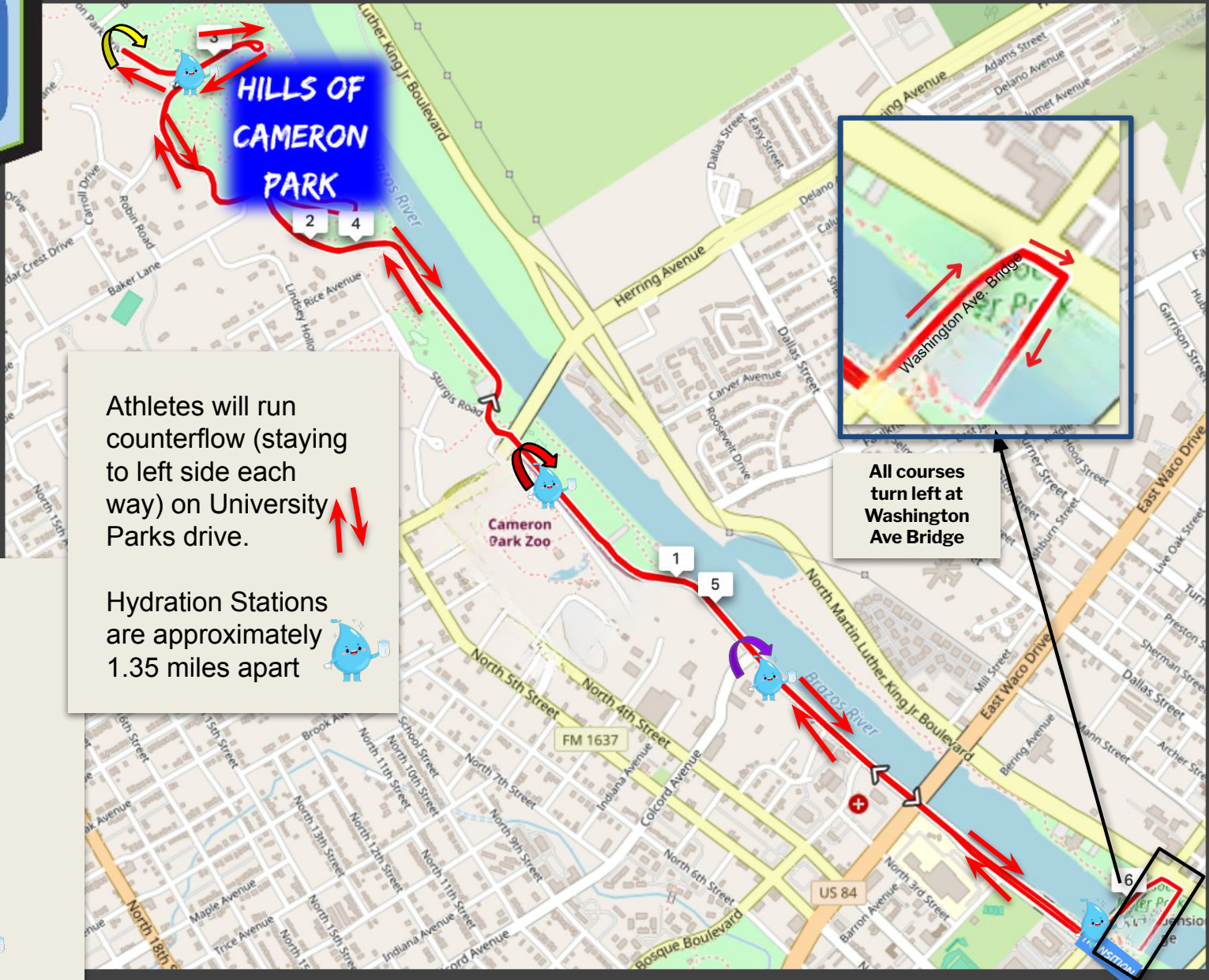




2024 Updated RUN COURSE






Athletes will run counterflow (staying to left side each way) on University Parks drive.

Hydration Stations are approximately 1.35 miles apart



All courses turn left at Washington Ave Bridge

- 10K Olympic Turnaround 
- Sprint: Turnaround 
- Try a Tri Turnaround 
- Hydration Station 